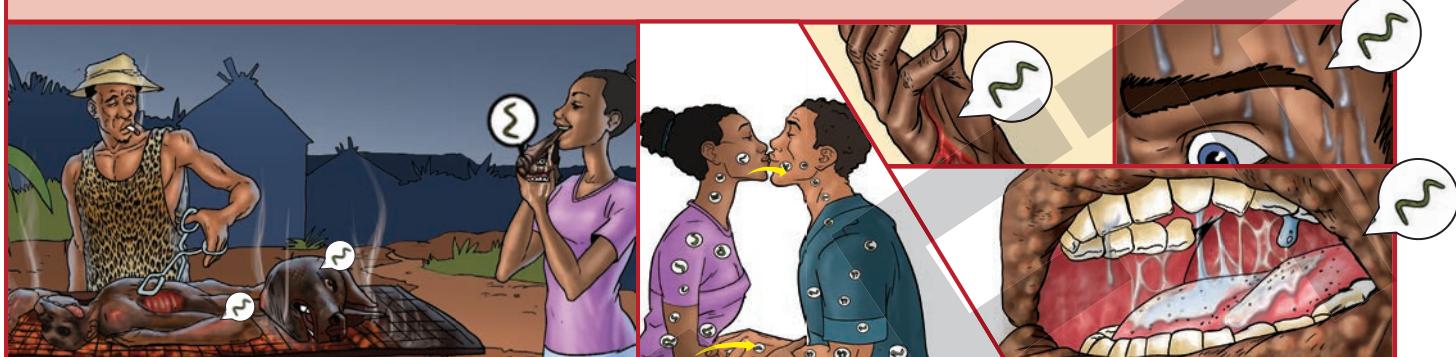


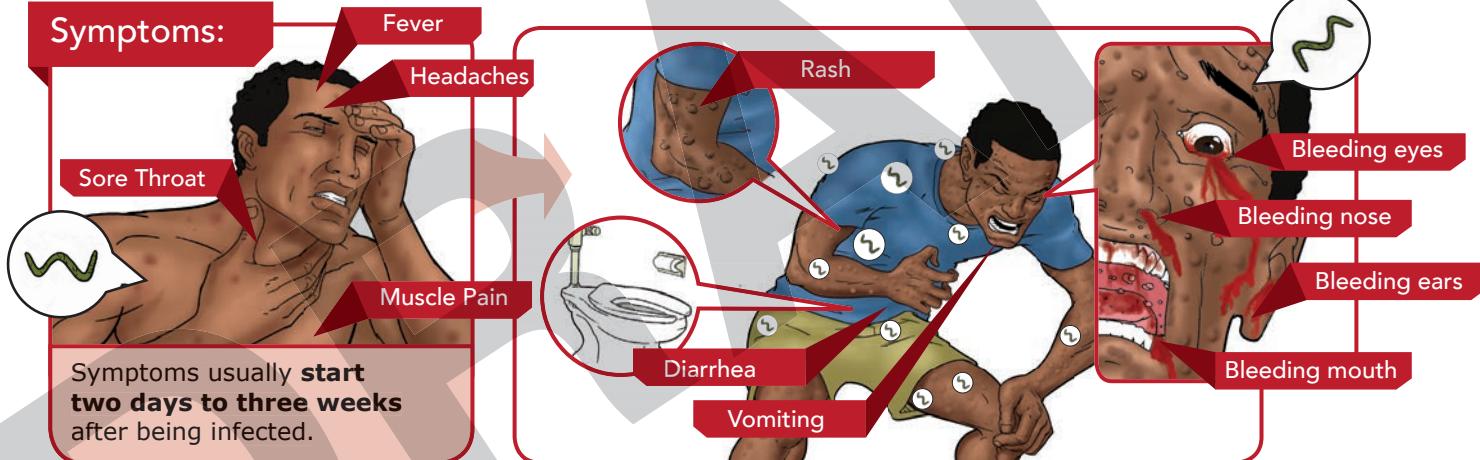
# EBOLA – THE FACTS

Ebola is a deadly disease. Here are some basics you should know.

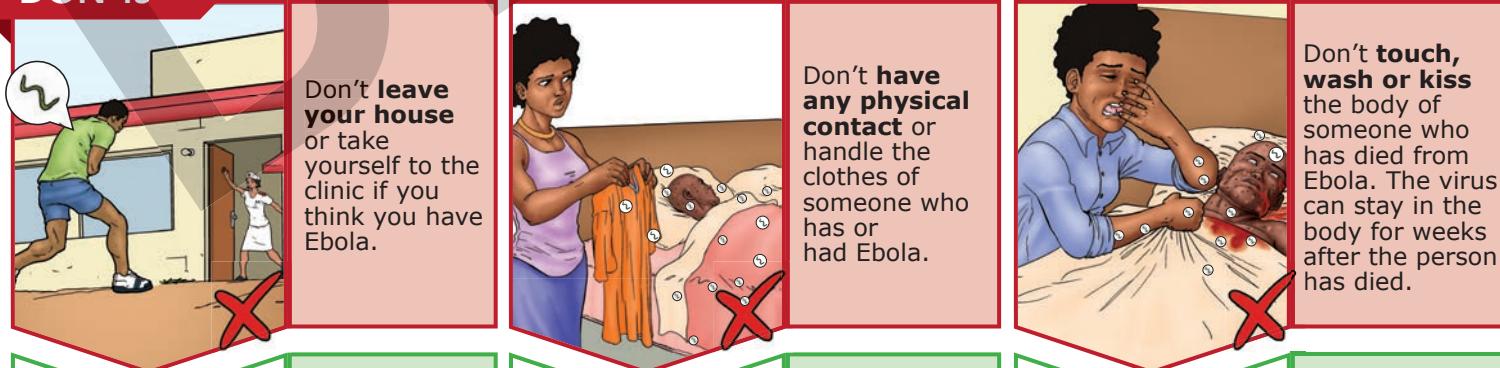
Ebola is not spread through the air. It is **spread through eating bush meat** and through contact with an infected person's **bodily fluids**, such as sweat, blood, semen or saliva.



## Symptoms:



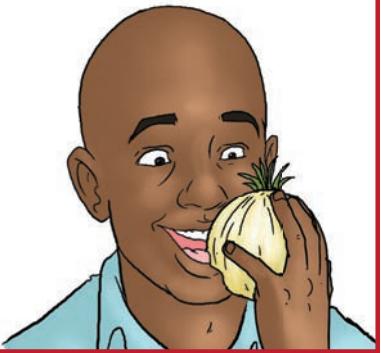
## DON'Ts



## DO's

## MYTH

Drinking **salty water** or eating **raw onion** can protect you.

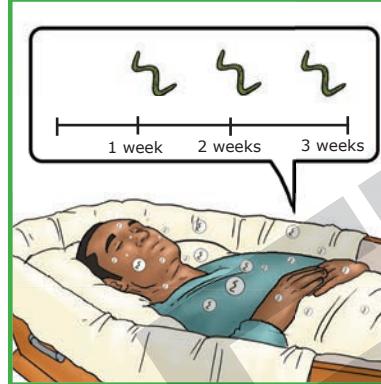


## FACT

The best way to **protect yourself** is to **avoid contact** with anyone showing the signs or symptoms of the disease.



You **cannot catch Ebola** from the body of **someone who's died** from it.



Even after someone has died from Ebola, the **virus can stay alive in their body** for weeks afterwards.



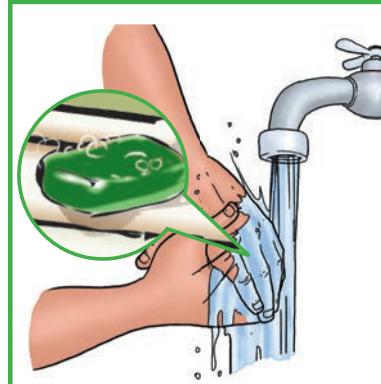
Healthcare workers are bringing the **disease** into affected countries.



The **Ebola virus** is transferred through human contact with **wild animals** through hunting, butchering and preparing meat from infected wild animals.



Expensive hand-sanitizers are needed to kill the disease.



Alcohol-based gels can be effective but **washing your hands** regularly with **soap and water** is very important too.



You can still be **infected by someone** who has **recovered** from Ebola.



Once someone recovers from Ebola, they can **only spread the virus by having sex**. These people are advised to abstain from sex or use condoms for **3 months**.

